

# Meet the Counselor

## Mrs. Watson-Swinson

### Grades 3-5



### Introduction

Welcome back Froggy Families! I am excited about working with you and your child this 23-24 school year! New families, my warmest welcome, and I cannot wait to get to know you. This is my eighth year as a school counselor and my second year at Lakeforest. I will be working with Grades 3-5. I am a lifelong learner and will continue to work on new strategies to effectively serve and assist everyone. Feel free to reach out with any ideas or concerns you might have.

### School Counselors Provide and Coordinate

- Small Groups
- Individual Counseling
- Classroom Counseling Lessons
- 504 Plans
- MTSS: Problem Solving Three Tiered Intervention System


### Character Trait of the Month

Wisdom: Make smart choices

Books to Read at Home about Wisdom

- The Blessing Cup
- The Smallest Girl in the Smallest Grade
- The Empty Pot

### Contact Information

 252-756-3941, Ext. 7668

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### My Focus for the Year

- AVID
- Major Clarity
- PRIDE (School Values)
- National Honor Society
- Student Leadership Group
- Social and Self Regulation Skills